



901-590-2870

<http://www.mymealsinmotionordering.com>

Newk's Highland

Sandwiches

All sandwiches served with a side of choice: Coleslaw, "Tippah Country" caviar, pasta salad, fresh fruit or chips by the bag.

Chicken Bacon Club	\$12.39
<i>All-natural chicken, bacon, Ammerlnder Swiss, romaine, tomatoes, mayo, olive oil, honey mustard.</i>	
Newk's Club	\$12.65
<i>Ham, turkey, bacon, Ammerlnder Swiss, cheddar, tomatoes, romaine, mayo, honey mustard.</i>	
Shrimp Po-Boy	\$15.75
<i>Seasoned shrimp, olive oil, lettuce, tomatoes, pickles, red onions on Parisian bread, with a side of cocktail sauce.</i>	
Newk's Double Club	\$15.99
<i>Newk's Club with Double the meat and cheese on Parisian bread.</i>	
Newk's Cheese Steak	\$15.99
<i>Medium-rare petite tenderloin steak, caramelized onions, red and yellow bell peppers, cheddar, our pimiento cheese, mayo on Parisian bread.</i>	
Newk's "Q"	\$12.39
<i>All-natural chicken, bacon, Ammerlnder Swiss, signature white BBQ sauce.</i>	
Pimiento Cheese Sandwich	\$9.99
<i>Scratch-made with aged yellow and Vermont white cheddar with sliced tomatoes.</i>	
Turkey and Avocado	\$12.65
<i>Turkey, Ammerlnder Swiss, avocado, romaine, tomatoes, mayo, on 11-grain bread.</i>	
Italian Sandwich	\$13.05
<i>Capicola, mortadella with pistachios, Campioni pepperoni, Genoa salami, provolone, romaine, tomatoes, onion, hot cherry peppers, Creole mustard, mayo, Italian sauce.</i>	
Chicken Salad Sandwich	\$11.75
<i>Scratch-made with chicken breast, grapes, pecans, red onion, romaine, provolone, mayo, Creole mustard, on 11-grain bread.</i>	
Turkey & Swiss Sandwich	\$10.79
<i>Turkey, lettuce, tomatoes, Swiss, mayo, creal mustard on 11-grain bread.</i>	
Ham and Swiss Sandwich	\$10.79
<i>Ham, Swiss, lettuce, tomatoes, mayo, Creole mustard.</i>	

Soups

Tomato Basil Soup	
<i>(V) A creamy, slow-simmered soup made with fresh tomatoes and hints of carrot, celery, onion and garlic. Garnished with goat cheese, sliced basil and house-made croutons</i>	
Chicken Tortilla Soup	
<i>A rich chicken broth loaded with</i>	

Salads

Greek Salad	\$10.65
<i>Crisp romaine, feta crumbles, artichoke hearts, kalamata olives, cucumbers, pepperoncini peppers, red onion, grape tomatoes. Served with Greek dressing on the side</i>	
Caesar Salad	\$9.35
<i>Crisp romaine, Parmesan and croutons. Served with Caesar dressing on the side.</i>	
Garden Salad	\$9.05
<i>Arcadian mixed greens, sweet grape tomatoes, cucumbers, shredded carrots, aged cheddar cheese, house-made croutons and your choice of dressing. Served with your choice of dressing on side.</i>	
Ultimate Salad	\$14.39
<i>All-natural chicken, bacon, ham, turkey, mixed greens, grape tomatoes, cucumbers, cheddar, house-made croutons. Tossed with honey mustard dressing</i>	
Cobb Salad	\$13.99
<i>All-natural chicken, bacon, mixed greens, diced eggs, Gorgonzola, grape tomatoes, green onions, pecans, house-made croutons. Tossed with creamy bleu cheese dressing.</i>	
Shrimp and Avocado Salad	\$17.35
<i>Broiled shrimp, avocado, arugula, feta, grape tomatoes, green onions. Tossed with lemon basil vinaigrette.</i>	
Southern Salad	\$10.99
<i>Scratch-made chicken salad made with grapes, pecans and red onions with mixed greens, grape tomatoes, house-made croutons. Served with your choice of dressing</i>	
Newk's Favorite Salad	\$14.39
<i>All-natural chicken, mixed greens, Gorgonzola, grapes, pecans, artichoke hearts, dried cranberries, house-made croutons. Tossed with sherry vinaigrette</i>	
The Black & Bleu Salad	\$15.05
<i>Medium-rare tenderloin steak, mixed greens, Gorgonzola, pecans, grape tomatoes, red onion. Tossed with creamy bleu cheese dressing.</i>	

Mac & Cheese

Entree Five Mac & Cheese	\$9.99
<i>Entree Mac & Cheese / Asiago, Vermont white cheddar, Parmesan and Ammerlnder Swiss cheeses folded into elbow pasta then topped with yellow cheddar.</i>	
Entree Six Pimiento Mac & Cheese w/Bacon	\$11.45
<i>Entree Five Cheese Mac with the extra creamy kick of pimiento cheese. Topped with crumbled bacon.</i>	
Side Mac & Cheese	\$6.55
<i>Asiago, Vermont white cheddar,</i>	

Pizzas

Each and every pizza is hand-rolled to order from our own artisan dough. We brush it with our house-made garlic olive oil or chili oil, and then bake your 10" pizza to crispy perfection with premium toppings.

Create Your Own Pizza	\$14.39
<i>Tomato Sauce, Garlic Oil and Mozzarella with up to three of the toppings. *Extra toppings 1.67 upcharge per topping</i>	
Sausage & Pepperoni Pizza	\$13.99
<i>Campioni pepperoni, Italian pork sausage, tomatoes, mozzarella, provolone, tomato sauce, fresh basil garnish.</i>	
Pepperoni Pizza	\$12.65
<i>Campioni pepperoni, tomatoes, mozzarella, provolone, tomato sauce, fresh basil garnish.</i>	
Margherita Pizza	\$11.35
<i>Tomatoes, mozzarella, tomato sauce, fresh basil garnish.</i>	
Spicy Shrimp Pizza	\$15.05
<i>Broiled shrimp, red and yellow bell peppers, Roma tomatoes, mozzarella, Parmesan and crushed red pepper flakes over our crust brushed with chili oil. Garnished with fresh cilantro.</i>	
BBQ Chicken Pizza	\$13.35
<i>All-natural chicken, red onions, tomatoes, mozzarella, BBQ sauce, topped with fresh cilantro.</i>	
Newk's Q Pizza	\$13.35
<i>All-natural chicken, signature white BBQ sauce, bacon, tomatoes, mozzarella, provolone, jalapeos, chili oil.</i>	

Sides

Side Bowl Fresh Fruit	\$5.99
<i>Fresh cut seasonal fruit (12oz Bowl)</i>	
Side Pasta Salad	\$1.99
<i>With crisp snow peas, diced yellow & red bell peppers, shredded carrots, red onion and crunchy water chestnuts</i>	
Side Fresh Fruit	\$1.99
<i>Fresh cut seasonal fruit (4oz Side)</i>	
Chips	\$1.99
4oz Extra Dressing	\$0.95
<i>Honey Mustard, Balsamic Vinaigrette, Sherry Vinaigrette, Bleu Cheese, Greek, Ranch, Caesar, Rmoulade, Fat-Free Raspberry Vinaigrette, Lemon Basil Vinaigrette, Ginger Wasabi</i>	

Beverages

Fountain Drink	\$3.75
<i>32-oz Newk's cup with your choice of sweet tea, unsweet tea or sweetened with Splenda tea or Coca-Cola products.</i>	

chicken and vegetables and seasoned with a touch of Ancho chilies, corn masa and cilantro

Loaded Potato Soup

A creamy chowder of potatoes, chives, bacon, sour cream, and melted cheese.

Lobster & Crab Bisque

A hearty bisque with blue crab and cold water lobster meat in a flavorful seafood broth finished with cream and a touch of sherry

Desserts

Brownie \$3.35

Topped with chocolate ganache and white chocolate curls. Made from Newk's very own bakery.

The Big Crispy \$3.35

Crispy treat made with real marshmallows and Grade A butter. Made from Newk's very own bakery.

Peanut Butter Crispy \$3.35

Big Crispy treat made with peanut butter and topped with chocolate. Made from Newk's very own bakery.

Chocolate Cake Slice \$5.75

by the slice (selections differ daily). Made from Newk's very own bakery.

Strawberry Cake Slice \$5.75

by the slice (selections differ daily). Made from Newk's very own bakery.

Caramel Cake Slice \$5.75

by the slice (selections differ daily). Made from Newk's very own bakery.

Red Velvet Cake Slice \$5.75

by the slice (selections differ daily). Made from Newk's very own bakery.

Parmesan and Ammerlander Swiss cheeses folded into elbow pasta then topped with yellow cheddar.

Side Pimiento Mac & Cheese \$8.65

Five Cheese Mac with the extra creamy kick of pimiento cheese. Topped with crumbled bacon.

Little Newk's

Little Newk's Cheese Pizza \$6.65

House-shredded mozzarella and tomato sauce on a 7" hand-rolled crust. 12 and under; includes apple juice or whole milk.

Little Newk's Pepperoni Pizza \$7.05

Campioni pepperoni, house-shredded mozzarella and tomato sauce on a 7" hand rolled crust. 12 and under; Includes apple juice or whole milk

Little Newk's Toasted Ham & Cheese \$5.99

Smoked ham and aged cheddar cheese served warm on French Parisian bread, with choice of chips, applesauce or fresh fruit. 12 and under; Includes apple juice or whole milk

Little Newk's Grilled Cheese \$5.99

Aged cheddar cheese melted onto French Parisian bread, with choice of chips, applesauce or fresh fruit. 12 and under; Includes apple juice or whole milk

Little Newk's Five Cheese Mac & Cheese \$7.05

Rich and creamy blend of Asiago, Vermont white cheddar, imported Parmesan and Ammerlander Swiss cheeses folded into elbow pasta then topped with yellow cheddar, with choice of chips, applesauce or fresh fruit. 12 and under; Includes apple juice or whole milk

Little Newk's Toasted Turkey & Cheese \$5.99

Oven-roasted turkey and aged cheddar cheese served warm on French Parisian bread, with choice of chips, applesauce or fresh fruit. 12 and under; Includes apple juice or whole milk

Newk's 2-O Drink \$2.65

\$0.10 from every bottle of water sold will go to Ovarian Cancer Research Alliance (OCRA)

Mott's Apple Juice \$1.75

Gallon Beverages

Acqua Panna 1L \$3.75

Acqua Panna Natural Spring Waters unique characteristics is its own mineral composition, maintained by its source which is sheltered by nature to help ensure its continuing quality. Acqua Panna Natural Spring Water is bottled at the source coming naturally from its special place in nature. Available in Litre or 1/2 Litre

Acqua Panna 500ML \$2.65

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San Pellegrino Litre \$5.35

Available in litre or 1/2 litre

San Pellegrino 500ML \$3.05

Available in litre or 1/2 litre