



901-590-2870

<http://www.mymealsinmotionordering.com>

# Ono Poke

## House Bowls

**Vibe and onolicious. Large \$14. Pick your base.**

- Maui Large Bowl \$17.85  
*Salmon, Kale, Carrot, Avocado, Mango (or seasonal fruit), Broccoli with Honey Mustard Dill Sauce.*
- Pele Large Bowl (Spicy) \$17.85  
*Tuna+Crab stick meat, Jicama, Edamame, Cucumber, Jalapeno, Carrot with Pele Sauce.*
- Big Wave Large Bowl \$17.85  
*Salmon+Crab stick meat, Fresh greens, Corn, Seaweed Salad, Pineapple (or seasonal tropical fruit), tomato with Yuzu Delight Sauce.*
- Kimchi Tuna Large Bowl \$17.85  
*Tuna, Kimchi, Cucumber, Broccoli, Jicama, Carrot with Onolicious Sauce.*
- Buddha Large Bowl (V) \$17.85  
*Tofu (Non-GMO), Fresh Greens, Edemame, Broccoli, Tomato, Jicama with Wasa-B-Sauce.*

## Traditional Poke Bowl

**Marinated Ahi Tuna/ Spicy Tuna with White or Brown Rice**

- Traditional Poke Bowl Large \$19.85  
*Marinated Ahi Tuna/ Spicy Tuna with White or Brown Rice*
- Traditional Poke Bowl Regular \$17.85  
*Marinated Ahi Tuna/ Spicy Tuna with White or Brown Rice*
- Traditional Poke Bowl Snack \$15.85  
*Marinated Ahi Tuna/ Spicy Tuna with White or Brown Rice*

## Custom Bowls

**1. Pick a size 2. Pick your base, protein, veggies, toppings**

- Custom Bowl Large \$17.85  
*Base, Proteins 3, Veggies 4, Toppings 4*
- Custom Bowl Medium \$15.85  
*Base, Proteins 2, Veggies 3, Toppings 3*
- Custom Bowl Snack \$13.85  
*Base, Protein 1, Veggies 2, Toppings 2*

## Extras

- Ono Poke Signature Sauce \$1.00  
2oz.  
*Honey Mustard Dill, Pele (Spicy), Onolicious, Yuzu Delight, Wasabi-B, Soy-Ginger, Yuzu-Soy*

## More...

**There are something more than Poke Bowls!**

- Spam Musabi (1) \$7.35
- Spam Musubi Bowl Regular \$17.85  
*Spam on White or Brown Rice with Protein, Veggies, and Toppings*
- Spam Musubi Bowl Large \$19.85  
*Spam on White or Brown Rice with Protein, Veggies, and Toppings*
- Poke by Pound - 1lb \$19.85  
*Marinated Ahi Tuna/ Marinated Salmon*
- Poke Burrito \$15.35  
*Burrito wrap, Rice, Protein, Red Onion, Avocado, Jalapeno, Cilantro*
- Poke Taco (3) \$15.35  
*Soft taco shell, Protein, Avocado, Jalapeno, Red Onion, Cilantro, Crispy rice, Fried shallots, and Lime*
- Lomi Lomi Salmon \$13.35  
*Salmon, Tomato, Cilantro, Red Onion mixed in Lime Juice*
- Tuna Tartare \$13.35  
*Tuna mixed in sauce, Avocado, Masago, Rice Crispy*
- Seaweed Salad \$12.35  
*Seaweed Salad, Cucumber, Crab Stick Meat, Sesame Seed*
- Salmon Avocado Salad \$13.45  
*Salmon and avocado with soy ginger sauce over greens.*

## Drinks

- Coke \$1.29
- Diet Coke \$1.29

## Warnings\*

**Consuming raw and undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodbourne illness.**