



901-590-2870

<http://www.mymealsinmotionordering.com>

East Meets West

Appetizers

Egg Roll (1)	\$2.35
Spring Roll (2)	\$5.15
Crab Rangoon (6)	\$8.75
Golden Magic Fingers	\$8.95
<i>Choice of Spicy or Honey Gold</i>	
Chicken Teriyaki Skewers (4)	\$8.95
Beef Teriyaki Skewers (4)	\$10.25
Shamai (6)	\$8.25
Steamed Dumplings (6)	\$9.50
Fried Dumplings (6)	\$9.50
Edamame	\$5.70
Golden Fried Shrimp Appetizer	\$9.00

Soups

Egg Drop Soup	\$3.30
Hot and Sour Soup	\$3.75
Wonton Soup	\$3.75
Miso Soup	\$3.30
Vegetable Tofu Soup (for two)	\$10.25
<i>Fresh vegetables and tofu in a clear broth</i>	
House Special Soup (for two)	\$12.25
<i>Shrimp, chicken, crab meat and vegetables in a chicken broth</i>	
Seafood Hot Sour Soup	\$12.25
Seafood Soup	\$12.25
Pickled Cabbage Soup	\$19.15
West Lake Beef Soup	\$12.25

Salad Bowl

Mixed greens with your choice of a meat and topped with crispy noodles

Grilled Chicken Salad Bowl	\$11.85
Grilled Salmon Salad Bowl	\$13.40
Fried Tofu Salad Bowl	\$11.85
Crispy Chicken Salad Bowl	\$11.85

Vegetarian

Broccoli with Garlic Sauce	\$13.25
<i>Broccoli sauteed in a spicy garlic sauce.</i>	
Eggplant with Garlic Sauce	\$13.75
<i>Eggplant sauteed in a spicy garlic sauce.</i>	
Ma Po Tofu	\$13.75
<i>Tofu stir fried with mushrooms, peas and carrots in spicy brown sauce.</i>	
Crispy Tofu	\$14.75
<i>Lightly breaded and fried then tossed with onions, black pepper and salt.</i>	
Mandarin Tofu	\$14.75
<i>Lightly fried and stir fried with vegetables in brown sauce.</i>	
Mixed Vegetables Steamed	\$13.25
Mixed Vegetables Sauteed	\$13.25
Sauteed String Beans	\$13.25

Noodles

Chicken Stir Fry Noodles	\$13.15
--------------------------	---------

From The Hot Wok

Sweet & Sour Chicken	\$15.90
<i>Lightly breaded and fried, mixed with onion, bell pepper, carrots and pineapples. Served with tangy red sauce on the side.</i>	
Sweet & Sour Shrimp	\$16.90
<i>Lightly breaded and fried, mixed with onion, bell pepper, carrots and pineapples. Served with tangy red sauce on the side.</i>	
Kung Pao Chicken	\$15.90
<i>Wok tossed with onion, bell peppers, carrots and peanuts in spicy brown sauce.</i>	
Kung Pao Shrimp	\$16.90
<i>Wok tossed with onion, bell peppers, carrots and peanuts in spicy brown sauce.</i>	
Mongolian Chicken	\$15.90
<i>Sauteed onions and scallions in a savory sauce.</i>	
Mongolian Beef	\$16.90
<i>Sauteed onions and scallions in a savory sauce.</i>	
Egg Foo Young Chicken	\$16.50
<i>Pan fried egg omelette filled with peas, carrots, onions, cabbage covered with chef's special brown gravy.</i>	
Egg Foo Young Shrimp	\$16.90
<i>Pan fried egg omelette filled with peas, carrots, onions, cabbage covered with chef's special brown gravy.</i>	
Hunan Chicken	\$15.90
<i>Broccoli, carrot, mushroom and zucchini sauteed in spicy brown sauce.</i>	
Hunan Beef	\$16.90
<i>Broccoli, carrot, mushroom and zucchini sauteed in spicy brown sauce.</i>	
Hunan Shrimp	\$16.90
<i>Broccoli, carrot, mushroom and zucchini sauteed in spicy brown sauce.</i>	
Mu-Shu "Chinese Style Burrito" Chicken	\$15.90
<i>Sauteed carrots, shredded cabbage, mushrooms, scallions, and eggs. Served on Chinese tortillas with plum sauce on the side.</i>	
Mu-Shu "Chinese Style Burrito" Pork	\$15.90
<i>Sauteed carrots, shredded cabbage, mushrooms, scallions, and eggs. Served on Chinese tortillas with plum sauce on the side.</i>	
Mu-Shu "Chinese Style Burrito" Shrimp	\$16.95
<i>Sauteed carrots, shredded cabbage, mushrooms, scallions, and eggs. Served on Chinese tortillas with plum sauce on the side.</i>	
Cashew with Chicken	\$16.50
Cashew with Shrimp	\$17.50
Red Curry Chicken	\$15.90

Hibachi Lunch Special

Served with fried rice, vegetables & choice of miso or clear soup	
Vegetable Hibachi Lunch Special	\$10.75
Chicken Hibachi Lunch Special	\$12.30
Steak Hibachi Lunch Special	\$13.50
Shrimp Hibachi Lunch Special	\$13.50
Salmon Hibachi Lunch Special	\$14.70

Lunch Plate Special

Served with egg roll and white rice or fried rice.	
Mongolian Chicken Lunch Plate Special	\$11.10
Golden Sesame Chicken Lunch Plate Special	\$11.10
Mongolian Beef Lunch Plate Special	\$12.30
General Tso Chicken Lunch Plate Special	\$11.10
Pepper Chicken Lunch Plate Special	\$11.10
Pepper Beef Lunch Plate Special	\$12.30
Sweet & Sour Chicken Lunch Plate Special	\$11.10
Sweet & Sour Shrimp Lunch Plate Special	\$12.30
Kung Pao Chicken Lunch Plate Special	\$11.10
Kung Pao Beef Lunch Plate Special	\$12.30
Kung Pao Shrimp Lunch Plate Special	\$12.30
Broccoli with Chicken Lunch Plate Special	\$11.10
Sweet Peas with Chicken Lunch Plate Special	\$11.10
Red Curry Chicken Lunch Plate Special	\$11.10
Broccoli with Beef Lunch Plate Special	\$12.30
Sweet Peas with Shrimp Lunch Plate Special	\$12.30
Red Curry Shrimp Lunch Plate Special	\$12.30
Broccoli with Shrimp Lunch Plate Special	\$12.30
Green Curry Chicken Lunch Plate Special	\$11.10
Green Curry Shrimp Lunch Plate Special	\$12.30
Golden Magic Fingers Lunch Plate Special	\$12.30
<i>White meat in secret marinade sauce with lightly breaded & fried</i>	
Hunan Chicken Lunch Plate Special	\$11.10

Pork Stir Fry Noodles	\$13.15
Veggies Stir Fry Noodles	\$13.15
Tofu Stir Fry Noodles	\$13.15
Beef Stir Fry Noodles	\$14.70
Shrimp Stir Fry Noodles	\$14.70
House Stir Fry Noodles	\$14.70
Chicken Singapore Noodles	\$14.10
<i>Rice noodles stir fried with onions, cabbage, carrots, celery, scallions and eggs in spicy yellow curry sauce.</i>	
Veggies Singapore Noodles	\$14.10
<i>Rice noodles stir fried with onions, cabbage, carrots, celery, scallions and eggs in spicy yellow curry sauce.</i>	
Tofu Singapore Noodles	\$14.10
<i>Rice noodles stir fried with onions, cabbage, carrots, celery, scallions and eggs in spicy yellow curry sauce.</i>	
Beef Singapore Noodles	\$15.55
<i>Rice noodles stir fried with onions, cabbage, carrots, celery, scallions and eggs in spicy yellow curry sauce.</i>	
Shrimp Singapore Noodles	\$15.55
<i>Rice noodles stir fried with onions, cabbage, carrots, celery, scallions and eggs in spicy yellow curry sauce.</i>	
House Singapore Noodles	\$15.55
<i>Rice noodles stir fried with onions, cabbage, carrots, celery, scallions and eggs in spicy yellow curry sauce.</i>	
Chicken Pad Thai	\$14.10
<i>Rice stick noodles stir fried with onions, scallions, bean sprouts, tofu, eggs and chopped peanuts in pad thai sauce.</i>	
Tofu Pad Thai	\$14.10
<i>Rice stick noodles stir fried with onions, scallions, bean sprouts, tofu, eggs and chopped peanuts in pad thai sauce.</i>	
Beef Pad Thai	\$15.55
<i>Rice stick noodles stir fried with onions, scallions, bean sprouts, tofu, eggs and chopped peanuts in pad thai sauce.</i>	
Shrimp Pad Thai	\$15.55
<i>Rice stick noodles stir fried with onions, scallions, bean sprouts, tofu, eggs and chopped peanuts in pad thai sauce.</i>	
House Special Noodle Soup	\$13.50
<i>Noodle soup with shrimp, chicken, crab meat and fresh vegetables.</i>	

<i>Red Curry Potato, mushroom, onion, carrots and peanuts with coconut milk base.</i>	
Red Curry Shrimp	\$16.90
<i>Red Curry, Potato, mushroom, onion, carrots and peanuts with coconut milk base.</i>	
Yellow Curry Chicken	\$15.90
<i>Yellow curry potato, mushroom, onion with curry sauce.</i>	
Yellow Curry Shrimp	\$16.90
<i>Yellow curry potato, mushroom, onion with curry sauce.</i>	
Wok Tossed with Broccoli, Chicken	\$15.50
<i>Sauteed broccoli and carrot in a brown sauce.</i>	
Wok Tossed with Broccoli, Beef	\$16.75
<i>Sauteed broccoli and carrot in a brown sauce.</i>	
Wok Tossed with Broccoli, Shrimp	\$16.75
<i>Sauteed broccoli and carrot in a brown sauce.</i>	
Wok Tossed with Bell Pepper, Chicken	\$15.90
<i>Sauteed onion with red and green bell peppers in a brown sauce.</i>	
Wok Tossed with Bell Pepper, Beef	\$16.90
<i>Sauteed onion with red and green bell peppers in a brown sauce.</i>	
Wok Tossed with Sweet Peas, Chicken	\$15.90
<i>Sauteed sweet peas, carrot, zucchini, and yellow squash in a light sauce.</i>	
Wok Tossed with Sweet Peas, Shrimp	\$16.90
<i>Sauteed sweet peas, carrot, zucchini, and yellow squash in a light sauce.</i>	
Sauteed String Beans, Chicken	\$15.90
<i>Green beans sauteed with minced garlic.</i>	
Sauteed String Beans, Pork	\$15.90
<i>Green beans sauteed with minced garlic.</i>	
Sauteed String Beans, Beef	\$16.90
<i>Green beans sauteed with minced garlic.</i>	
Sauteed String Beans, Shrimp	\$16.90
<i>Green beans sauteed with minced garlic.</i>	

Hibachi Dinner

Served with fried rice, vegetables & choice of miso or clear soup. .

Vegetable Hibachi Dinner	\$14.70
Chicken Hibachi Dinner	\$17.95
Steak Hibachi Dinner	\$21.55
Salmon Hibachi Dinner	\$21.55
Shrimp Hibachi Dinner	\$21.55
Scallops Hibachi Dinner	\$27.90
Chicken & Steak Hibachi Dinner	\$23.10
Chicken & Shrimp Hibachi Dinner	\$23.10
Shrimp & Steak Hibachi Dinner	\$25.50

Fried Rice

Side of White Rice	\$2.20
Veggie Fried Rice	\$10.75
Tofu Fried Rice	\$10.75
Chicken Fried Rice	\$10.75
Pork Fried Rice	\$10.75
Beef Fried Rice	\$11.95
Shrimp Fried Rice	\$11.95

Hunan Beef Lunch Plate Special	\$12.30
Hunan Shrimp Lunch Plate Special	\$8.91
String Beans with Chicken Lunch Plate Special	\$11.10
String Beans with Beef Lunch Plate Special	\$12.30
String Beans with Shrimp Lunch Plate Special	\$12.30
Mixed Vegetable Brown Sauce Lunch Plate Special	\$11.10
Mixed Vegetable Steamed Lunch Plate Special	\$11.10
Chicken with Garlic Sauce Lunch Plate Special	\$11.10
Triple Harvest Lunch Plate Special	\$12.30
Shrimp with Garlic Sauce Lunch Plate Special	\$12.30
Moo Goo Gai Pan Lunch Plate Special	\$12.30

Chef Specialties

Peking Duck	\$44.35
<i>Boneless duck thin and crisp skin, served with Chinese tortillas, scallions and special plum sauce.</i>	
Happy Family	\$19.15
<i>Chicken, beef, shrimp, pork sauteed in chef's brown sauce. Served with steamed broccoli.</i>	
Imperial Noodles	\$19.15
<i>Shrimp, chicken and beef stir fried with Chinese vegetables in light sauce. Served on top of pan fried noodles.</i>	
Coconut Walnut Shrimp	\$18.60
<i>Lightly fried jumbo shrimp, sauteed in chef's special sauce with walnuts on top.</i>	
General Tso Chicken	\$17.10
<i>Lightly breaded and fried, tossed with peppers and onion in hot and spicy sauce.</i>	
Golden Sesame Chicken	\$17.10
<i>Lightly breaded and fried, tossed in brown tangy sauce with sesames on top.</i>	
General Tso Shrimp	\$16.90
<i>Lightly breaded and fried, tossed with peppers and onion in hot and spicy sauce.</i>	
Orange Flavor Chicken	\$17.10
<i>Lightly breaded and fried, stir fried in orange sauce.</i>	
Orange Flavor Beef	\$19.15
<i>Lightly breaded and fried, stir fried in orange sauce.</i>	
Orange Flavor Shrimp	\$19.15
<i>Lightly breaded and fried, stir fried in orange sauce.</i>	
Sizzling Plate with Black Pepper Sauce Chicken	\$17.10
<i>Sauteed with onions, carrots and green peppers in black pepper sauce.</i>	
Sizzling Plate with Back Pepper Sauce Beef	\$19.15
<i>Sauteed with onions, carrots and green peppers in black pepper sauce.</i>	
Sizzling Plate with Black Pepper Sauce Tofu	\$17.10
<i>Sauteed with onions, carrots and green peppers in black pepper sauce.</i>	
Sizzling Plate with Back Pepper Sauce Shrimp	\$19.15

House Fried Rice	\$12.30
Chicken Hawaiian Fried Rice	\$11.70
<i>Sweet pineapple stir fried with eggs, onions, carrots and peas.</i>	
Shrimp Hawaiian Fried Rice	\$13.15
<i>Sweet pineapple stir fried with eggs, onions, carrots and peas.</i>	
Chicken Thai Curry Fried Rice	\$11.70
<i>Curry stir fried with eggs, onions, carrots and basils.</i>	
Shrimp Thai Curry Fried Rice	\$13.15
<i>Curry stir fried with eggs, onions, carrots and basils.</i>	

<i>Sauteed with onions, carrots and green peppers in black pepper sauce.</i>	
Sizzling Plate with Back Pepper Sauce Scallops	\$15.15
<i>Sauteed with onions, carrots and green peppers in black pepper sauce.</i>	
Lettuce Wraps Chicken	\$15.90
<i>Minced chicken, stir fried with fresh vegetables, served in crisp lettuce cups with side of our special plum sauce.</i>	
Lettuce Wraps Shrimp	\$19.15
<i>Shrimp, stir fried with fresh vegetables, served in crisp lettuce cups with side of our special plum sauce.</i>	
Triple Harvest	\$19.15
<i>Beef, Shrimp, Chicken sauteed in brown sauce.</i>	
Dragone & Phoenix	\$20.15
<i>Our perfect combination of lightly sauteed jumbo shrimp and vegetables in a white sauce along side a lightly fried boneless chicken served in a spicy brown sauce.</i>	

Authentic Chinese and Taiwanese Menu

Taiwanese Stir Fry Vermicelli	\$14.35
Taiwanese Fried Pork over Rice/Noodle	\$10.25
Braised Beef Noodle Soup	\$17.15
Sauteed Eggplant with Basil	\$14.35
Eggplant Tofu with Basil	\$17.15
Stir Fry the Napa w/ Chinese Black Mushroom	\$13.45
Peking Style Pork	\$17.95
Shredded Pork Stir Fry w/ Mustard Green and Bean Curd	\$16.75
Diced Chicken Sauteed with pepper	\$16.75
Braised Chicken with Ginger and Wine	\$17.95
Shredded Beef with Bell Pepper	\$17.10
Braised Pork Meat Ball	\$17.05
Steamed Pork Belly with Taro	\$18.60
Soy Sauce Brined Duck Half	\$17.95
Soy Sauce Brined Duck Whole	\$40.75
Salt Baked Prawn	\$21.00
Taiwanese Chicken Nuggets w/ Spiced Salt Pepper Small	\$8.50
Taiwanese Chicken Nuggets w/ Spiced Salt Pepper Large	\$15.90
Sliced Fish with Mustard Green	\$19.15
Assorted Seafood with Vermicelli in the Clay Pot	\$21.00