



901-590-2870

<http://www.mymealsinmotionordering.com>

# Newk's East

## Sandwiches

**All sandwiches served with a side of choice: Coleslaw, "Tippah Country" caviar, pasta salad, fresh fruit or chips by the bag.**

Chicken Bacon Club	\$12.39
<i>All-natural chicken, bacon, Ammerlander Swiss, romaine, tomatoes, mayo, olive oil, honey mustard.</i>	
Newk's Club	\$12.65
<i>Ham, turkey, bacon, Ammerlander Swiss, cheddar, tomatoes, romaine, mayo, honey mustard.</i>	
Shrimp Po-Boy	\$15.75
<i>Seasoned shrimp, olive oil, lettuce, tomatoes, pickles, red onions on Parisian bread, with a side of cocktail sauce.</i>	
Newk's Double Club	\$15.99
<i>Newk's Club with Double the meat and cheese on Parisian bread.</i>	
Newk's Cheese Steak	\$15.99
<i>Medium-rare petite tenderloin steak, caramelized onions, red and yellow bell peppers, cheddar, our pimiento cheese, mayo on Parisian bread.</i>	
Newk's "Q"	\$12.39
<i>All-natural chicken, bacon, Ammerlander Swiss, signature white BBQ sauce.</i>	
Pimiento Cheese Sandwich	\$9.99
<i>Scratch-made with aged yellow and Vermont white cheddar with sliced tomatoes.</i>	
Turkey and Avocado	\$12.65
<i>Turkey, Ammerlander Swiss, avocado, romaine, tomatoes, mayo, on 11-grain bread.</i>	
Italian Sandwich	\$13.05
<i>Capicola, mortadella with pistachios, Campioni pepperoni, Genoa salami, provolone, romaine, tomatoes, onion, hot cherry peppers, Creole mustard, mayo, Italian sauce.</i>	
Chicken Salad Sandwich	\$11.75
<i>Scratch-made with chicken breast, grapes, pecans, red onion, romaine, provolone, mayo, Creole mustard, on 11-grain bread.</i>	
Turkey & Swiss Sandwich	\$10.79
<i>Turkey, lettuce, tomatoes, Swiss, mayo, creole mustard on 11-grain bread.</i>	
Ham and Swiss Sandwich	\$10.79
<i>Ham, Swiss, lettuce, tomatoes, mayo, Creole mustard.</i>	

## Soups

Tomato Basil Soup	
<i>(V) A creamy, slow-simmered soup made with fresh tomatoes and hints of carrot, celery, onion and garlic. Garnished with goat cheese, sliced basil and house-made croutons</i>	
Chicken Tortilla Soup	
<i>A rich chicken broth loaded with chicken and vegetables and</i>	

## Salads

Greek Salad	\$10.65
<i>Crisp romaine, feta crumbles, artichoke hearts, kalamata olives, cucumbers, pepperoncini peppers, red onion, grape tomatoes. Served with Greek dressing on the side</i>	
Caesar Salad	\$9.35
<i>Crisp romaine, Parmesan and croutons. Served with Caesar dressing on the side.</i>	
Garden Salad	\$9.05
<i>Arcadian mixed greens, sweet grape tomatoes, cucumbers, shredded carrots, aged cheddar cheese, house-made croutons and your choice of dressing. Served with your choice of dressing on side.</i>	
Ultimate Salad	\$14.39
<i>All-natural chicken, bacon, ham, turkey, mixed greens, grape tomatoes, cucumbers, cheddar, house-made croutons. Tossed with honey mustard dressing</i>	
Cobb Salad	\$13.99
<i>All-natural chicken, bacon, mixed greens, diced eggs, Gorgonzola, grape tomatoes, green onions, pecans, house-made croutons. Tossed with creamy bleu cheese dressing.</i>	
Shrimp and Avocado Salad	\$17.35
<i>Broiled shrimp, avocado, arugula, feta, grape tomatoes, green onions. Tossed with lemon basil vinaigrette.</i>	
Southern Salad	\$10.99
<i>Scratch-made chicken salad made with grapes, pecans and red onions with mixed greens, grape tomatoes, house-made croutons. Served with your choice of dressing</i>	
Newk's Favorite Salad	\$14.39
<i>All-natural chicken, mixed greens, Gorgonzola, grapes, pecans, artichoke hearts, dried cranberries, house-made croutons. Tossed with sherry vinaigrette</i>	
The Black & Bleu Salad	\$15.05
<i>Medium-rare tenderloin steak, mixed greens, Gorgonzola, pecans, grape tomatoes, red onion. Tossed with creamy bleu cheese dressing.</i>	

## Mac & Cheese

Entree Five Mac & Cheese	\$9.99
<i>Entree Mac &amp; Cheese / Asiago, Vermont white cheddar, Parmesan and Ammerlander Swiss cheeses folded into elbow pasta then topped with yellow cheddar.</i>	
Entree Six Pimiento Mac & Cheese w/Bacon	\$11.45
<i>Entree Five Cheese Mac with the extra creamy kick of pimiento cheese. Topped with crumbled bacon.</i>	
Side Mac & Cheese	\$6.55
<i>Asiago, Vermont white cheddar, Parmesan and Ammerlander Swiss</i>	

## Pizzas

**Each and every pizza is hand-rolled to order from our own artisan dough. We brush it with our house-made garlic olive oil or chili oil, and then bake your 10" pizza to crispy perfection with premium toppings.**

Create Your Own Pizza	\$14.39
<i>Tomato Sauce, Garlic Oil and Mozzarella with up to three of the toppings. *Extra toppings 1.67 upcharge per topping</i>	
Sausage & Pepperoni Pizza	\$13.99
<i>Campioni pepperoni, Italian pork sausage, tomatoes, mozzarella, provolone, tomato sauce, fresh basil garnish.</i>	
Pepperoni Pizza	\$12.65
<i>Campioni pepperoni, tomatoes, mozzarella, provolone, tomato sauce, fresh basil garnish.</i>	
Margherita Pizza	\$11.35
<i>Tomatoes, mozzarella, tomato sauce, fresh basil garnish.</i>	
Spicy Shrimp Pizza	\$15.05
<i>Broiled shrimp, red and yellow bell peppers, Roma tomatoes, mozzarella, Parmesan and crushed red pepper flakes over our crust brushed with chili oil. Garnished with fresh cilantro.</i>	
BBQ Chicken Pizza	\$13.35
<i>All-natural chicken, red onions, tomatoes, mozzarella, BBQ sauce, topped with fresh cilantro.</i>	
Newk's Q Pizza	\$13.35
<i>All-natural chicken, signature white BBQ sauce, bacon, tomatoes, mozzarella, provolone, jalape os, chili oil.</i>	

## Sides

Side Bowl Fresh Fruit	\$5.99
<i>Fresh cut seasonal fruit (12oz Bowl)</i>	
Side Pasta Salad	\$1.99
<i>With crisp snow peas, diced yellow &amp; red bell peppers, shredded carrots, red onion and crunchy water chestnuts</i>	
Side Fresh Fruit	\$1.99
<i>Fresh cut seasonal fruit (4oz Side)</i>	
Chips	\$1.99
4oz Extra Dressing	\$0.95
<i>Honey Mustard, Balsamic Vinaigrette, Sherry Vinaigrette, Bleu Cheese, Greek, Ranch, Caesar, R moulade, Fat-Free Raspberry Vinaigrette, Lemon Basil Vinaigrette, Ginger Wasabi</i>	

## Beverages

Fountain Drink	\$3.75
<i>32-oz Newk's cup with your choice of sweet tea, unsweet tea or sweetened with Splenda tea or Coca-Cola products.</i>	

seasoned with a touch of Ancho  
chilies, corn masa and cilantro

### Loaded Potato Soup

A creamy chowder of potatoes,  
chives, bacon, sour cream, and  
melted cheese.

### Lobster & Crab Bisque

A hearty bisque with blue crab and  
cold water lobster meat in a flavorful  
seafood broth finished with cream  
and a touch of sherry

## Desserts

**Brownie** \$3.35

Topped with chocolate ganache  
and white chocolate curls. Made from  
Newk's very own bakery.

**The Big Crispy** \$3.35

Crispy treat made with real  
marshmallows and Grade A butter.  
Made from Newk's very own bakery.

**Peanut Butter Crispy** \$3.35

Big Crispy treat made with peanut  
butter and topped with chocolate.  
Made from Newk's very own bakery.

**Chocolate Cake Slice** \$5.75

by the slice (selections differ daily).  
Made from Newk's very own bakery.

**Strawberry Cake Slice** \$5.75

by the slice (selections differ daily).  
Made from Newk's very own bakery.

**Caramel Cake Slice** \$5.75

by the slice (selections differ daily).  
Made from Newk's very own bakery.

**Red Velvet Cake Slice** \$5.75

by the slice (selections differ daily).  
Made from Newk's very own bakery.

cheeses folded into elbow pasta then  
topped with yellow cheddar.

**Side Pimiento Mac & Cheese** \$8.65

Five Cheese Mac with the extra  
creamy kick of pimiento cheese.  
Topped with crumbled bacon.

## Little Newk's

**Little Newk's Cheese Pizza** \$6.65

House-shredded mozzarella and  
tomato sauce on a 7" hand-rolled  
crust. 12 and under; includes apple  
juice or whole milk.

**Little Newk's Pepperoni Pizza** \$7.05

Campioni pepperoni,  
house-shredded mozzarella and  
tomato sauce on a 7" hand rolled  
crust. 12 and under; Includes apple  
juice or whole milk

**Little Newk's Toasted Ham &  
Cheese** \$5.99

Smoked ham and aged cheddar  
cheese served warm on French  
Parisian bread, with choice of chips,  
applesauce or fresh fruit. 12 and  
under; Includes apple juice or whole  
milk

**Little Newk's Grilled Cheese** \$5.99

Aged cheddar cheese melted onto  
French Parisian bread, with choice of  
chips, applesauce or fresh fruit. 12  
and under; Includes apple juice or  
whole milk

**Little Newk's Five Cheese Mac  
& Cheese** \$7.05

Rich and creamy blend of Asiago,  
Vermont white cheddar, imported  
Parmesan and Ammerl nder Swiss  
cheeses folded into elbow pasta then  
topped with yellow cheddar, with  
choice of chips, applesauce or fresh  
fruit. 12 and under; Includes apple  
juice or whole milk

**Little Newk's Toasted Turkey &  
Cheese** \$5.99

Oven-roasted turkey and aged  
cheddar cheese served warm on  
French Parisian bread, with choice of  
chips, applesauce or fresh fruit. 12  
and under; Includes apple juice or  
whole milk

**Newk's 2-O Drink** \$2.65

\$0.10 from every bottle of water  
sold will go to Ovarian Cancer  
Research Alliance (OCRA)

**Mott's Apple Juice** \$1.75

**Gallon Beverages**

**Acqua Panna 1L** \$3.75

Acqua Panna Natural Spring Water  
s unique characteristics is its own  
mineral composition, maintained by  
its source which is sheltered by  
nature to help ensure its continuing  
quality. Acqua Panna Natural Spring  
Water is bottled at the source coming  
naturally from its special place in  
nature. Available in Litre or 1/2 Litre

**Acqua Panna 500ML** \$2.65

Acqua Panna Natural Spring Water  
s unique characteristics is its own  
mineral composition, maintained by  
its source which is sheltered by  
nature to help ensure its continuing  
quality. Acqua Panna Natural Spring  
Water is bottled at the source coming  
naturally from its special place in  
nature. Available in Litre or 1/2 Litre

**San Pellegrino Litre** \$5.35

Available in litre or 1/2 litre

**San Pellegrino 500ML** \$3.05

Available in litre or 1/2 litre